

# Building Capacity Using Family-Centered Approaches to Promote the Best Life for Young Children with Disabilities

An Innovative Family-to-Family Program



# Welcome to Today's Webinar



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Thank you for joining us to learn about Building Capacity Using Family-Centered Approaches to Promote the Best Life for Young Children with Disabilities.

This webinar series is sponsored by the National Center on Advancing Person-Centered Practices and Systems. NCAPPS is funded by the Administration for Community Living and Centers for Medicare & Medicaid Services.

NCAPPS webinars are free and open to the public.

The goal of NCAPPS is to promote systems change that makes person-centered principles not just an aspiration but a reality in the lives of people across the lifespan.





# Webinar Logistics

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- Participants will be muted during this webinar. You can use the **chat** feature in Zoom to post questions and communicate with the hosts.
- Toward the end of the webinar, our speakers will have an opportunity to **respond to questions** that have been entered into **chat**.
- The webinar will be live captioned in English and Spanish. To access the Spanish captions, please use this link: <https://www.streamtext.net/player?event=HSRI-SPANISH>
- El seminario de web estará subtulado en vivo en Inglés y Español. Para tener acceso a los subtítulos en Español, utilice este enlace: <https://www.streamtext.net/player?event=HSRI-SPANISH>
- This live webinar includes polls and evaluation questions. Please be prepared to interact during polling times.



# Feedback and Follow-Up

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- After the webinar, you can send follow-up questions and feedback about the webinar to [NCAPPS@hsri.org](mailto:NCAPPS@hsri.org).

(Please note that this email address is not monitored during the webinar.)

- The recorded webinar, along with a pdf version of the slides and a Plain Language summary, will be available within two weeks at [NCAPPS.acl.gov](http://NCAPPS.acl.gov). We will also include questions and responses in the materials that are posted following the webinar.

# Meet Our Speakers – in order of intervention



**Sylvana Mahmic**

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CEO & Co-founder  
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**Dr. Annick Janson**

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Research Director & Co-  
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**Mohammed  
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New Zealand Peer  
Facilitator,  
McKenzie Centre

# Meet Our Speakers (2)



**Gareth Williams**

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Director, Family &  
Children's Services,  
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**Clayton Buffoni**

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Business Development  
Consultant,  
Plumtree Learning



# Introduction

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- Australian NDIS Context
- Snapshot: co-designed foundational work with families
- A program and resources for parents of very young children
- Developing work with parents of older children using the same principles
- Person-Centered / Family-Centered
- Now and Next introduction clip



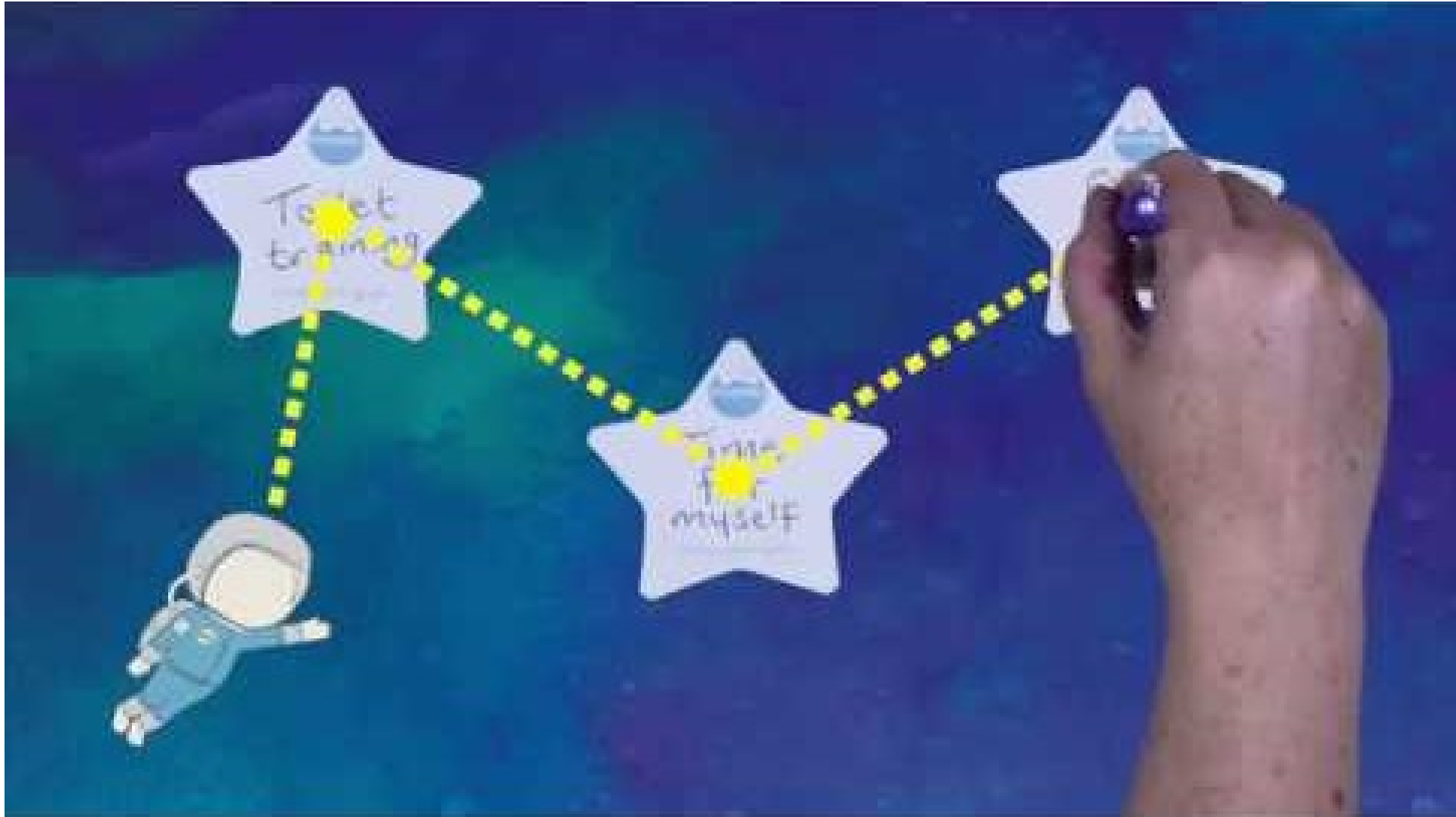
# Now and Next 8 week program



# The Now and Next Program Building Family Capacity



# Building Family Participation through Formulating a Long Term Vision

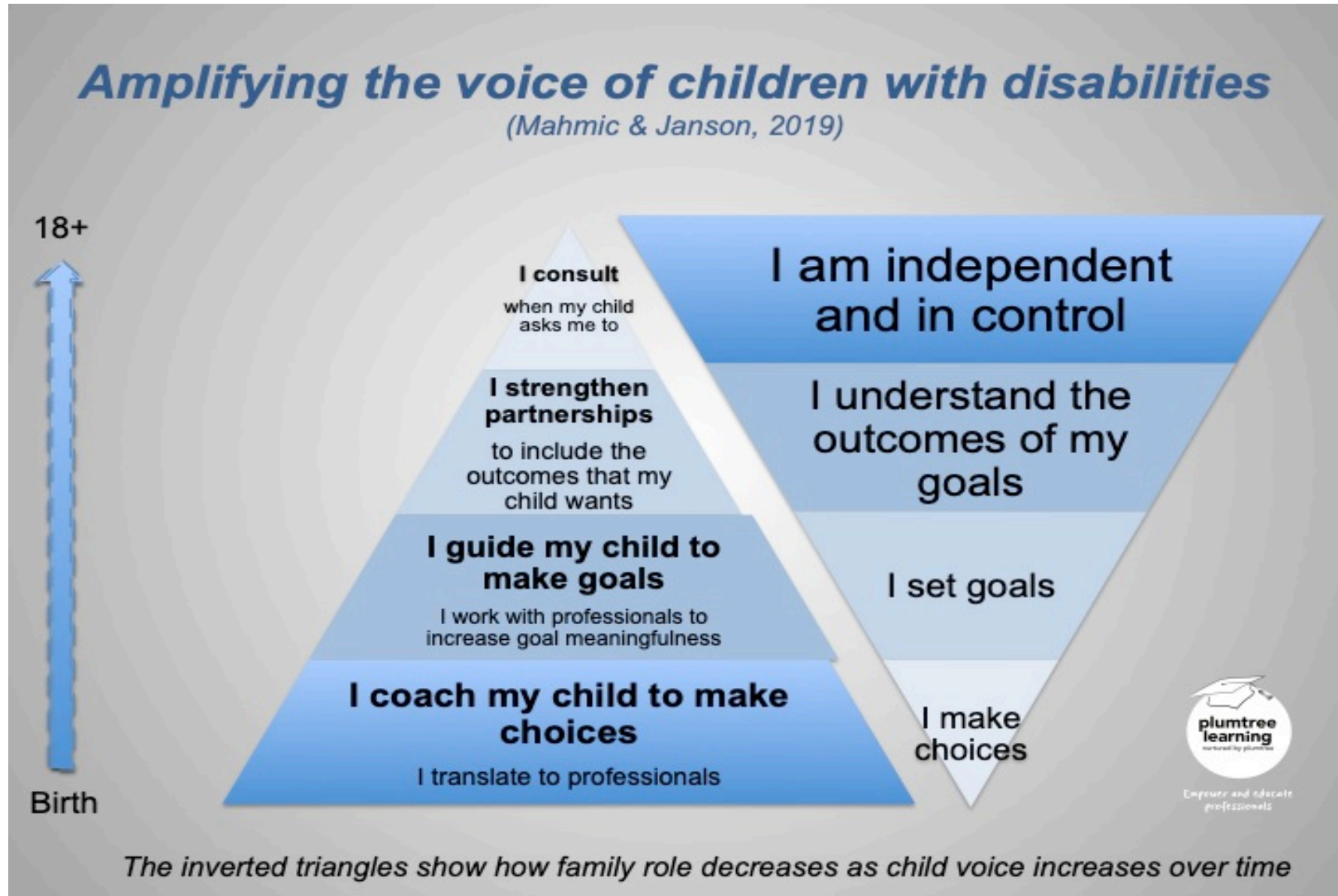




# Families Partnering with Professionals

- Families formulate their long term vision
- Families prioritize 3 goals: Child, Family and Personal
- Families learn to bring about their expertise about their child in the context of their work with professionals
- Families get 'collaboration ready'

# A Longitudinal Perspective



For more details visit [here](#)



# Now and Next Timeline

## Individual Now and Next program

Now and Next One-on-One program led by a professional at the child home with 55 families.  
Funding: NSW Department of Premier & Cabinet.

## Peer Worker Training

Following a pilot, all programs became facilitated by parents. Peer Facilitators trained on-site.

## Online Now and Next Program

Now and Next Online program via Zoom piloted and refined. To date 7 groups graduated with results comparable to international benchmarking.

## Online Peer Worker Training

Peer Facilitator training via Zoom launched, with distance coaching for local trainees, with Kinsight, Canada.



## Group Now and Next program

Now and Next group program led by professionals launched in Sydney. To date **447 participants graduated** from 43 groups.

## International Hubs

First programs carried out internationally. First Hub launched in NZ at McKenzie Centre where 6 Peer Facilitators were trained on-site. Funding: CCS Disability Action, Social Innovation Grant. To date: **4 countries offering Now and Next**. New Country Hubs in planning: 2

## Online Pictability Training

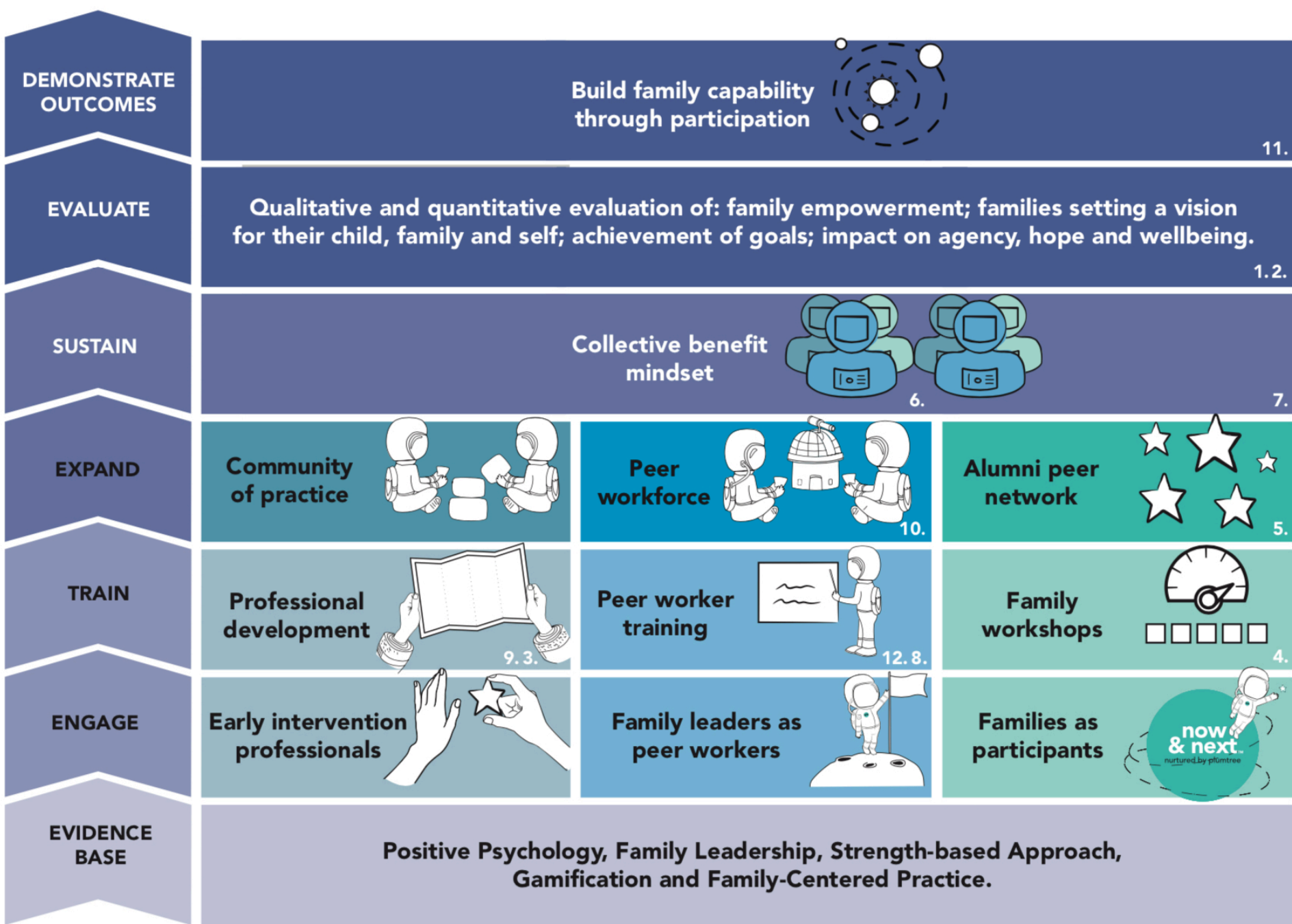
Pictability Training piloted via Zoom with Kinsight, Canada to support Hub formation. To date: **over 200 professionals trained** in a range of Family-Centered PD, online and f2f.

## Service Design Integration

Pictability integrated in service design to support family participation, McKenzie Centre, New Zealand.



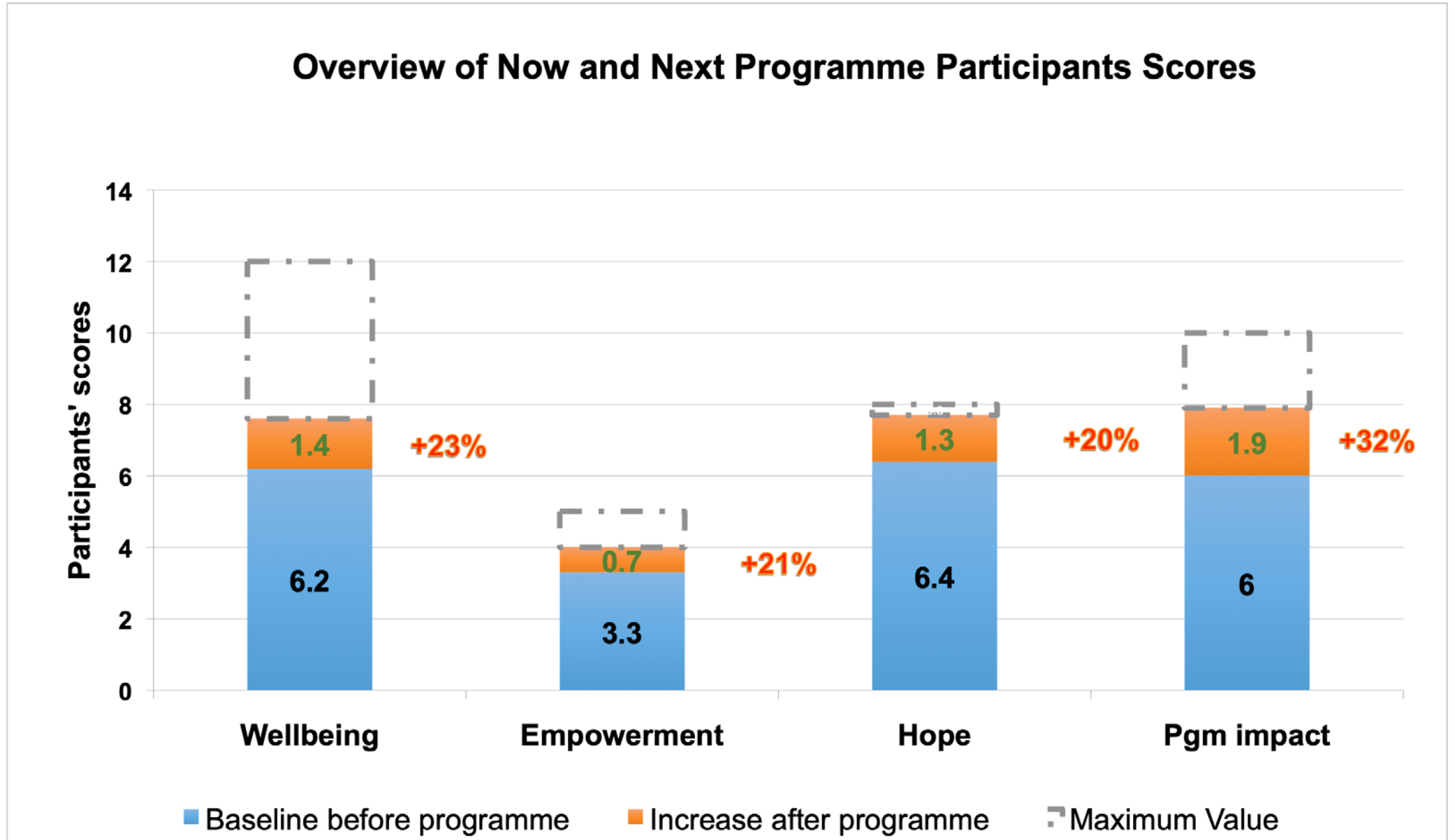
**Family Participation: Theory of Change**



For more details click [here](#)

The numbers in the illustration refer to research and publications building this Theory of Change. Please turn over to access this body of research, or contact Dr. Annick Janson, Research Director of the project: annick@egl.ac.nz

# Program Impact



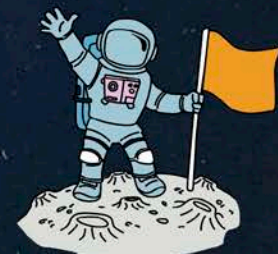


☆ Outcomes  
**FLOURISH**



Active partnership  
with professionals

☆  
Strive to flourish



Relaunch career



Learn and use  
new strategies



Peer networking growing



Increased engagement:  
dads & culturally diverse

**SIGNATURE STRENGTHS:**  
Identify and use



Positive Emotions  
Engagement  
Relationships  
Meaning  
Achievements

**PERMA: Reflect and Learn  
by Increase wellbeing**



Partner with  
professionals  
discussion

Long term goals

Achieve  
short term goals



CHOOSE A SHORT TERM GOAL AS A FIRST STEP: DISCUSS & REVIEW WITH PEERS

Vision Setting  
**PROSPECT**



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For more  
details visit  
[here](#)



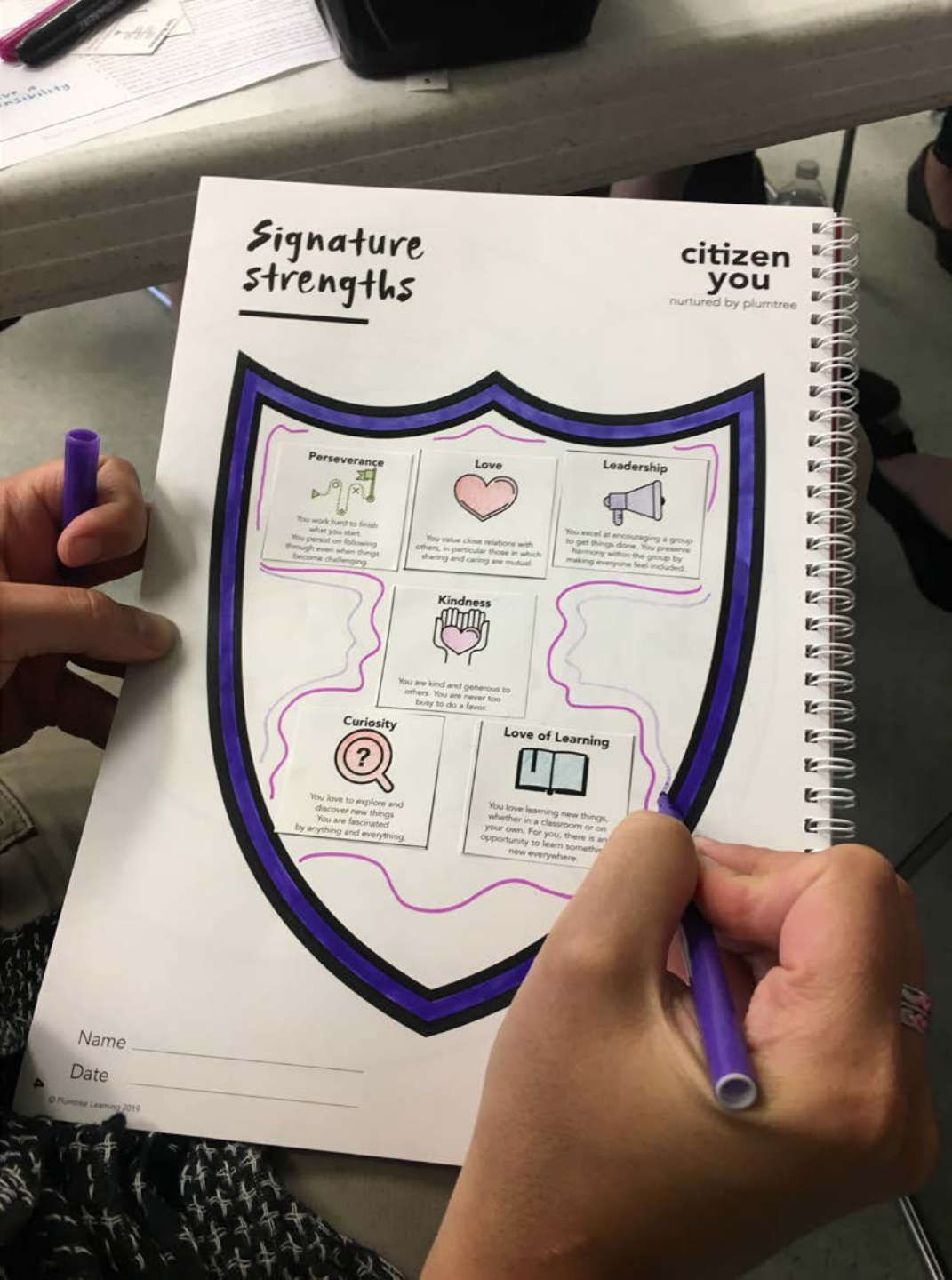
# System-Informed Positive Psychology Framework



Ref: Kern, M. L et al. (2019). Systems informed positive psychology. *The Journal of Positive Psychology*, 1-11.

# Building Family Capacity for Families of Older Children

- Australian Primary and High School planned interventions
- New Zealand High School Pilot



Watch a video of participants in the CitizenMe pilot project (10 minutes) <https://youtu.be/OJGNMcbQGE>

# McKenzie Centre, New Zealand – Mohammed Husseini



- Experiencing the program as a participant



Watch a group of participant fathers describe their collective capacity (2 minutes): <https://youtu.be/J3X--hG4wSo>

# Training and Working as a Peer Facilitator



- Assisting other parents to achieve their goals and grow hope and wellbeing through participation
- Collaborating with Ministry of Education
- Achieving Family Goal

# Setting up the New Zealand hub

## Parents:

- take on a range of new roles at McKenzie Centre
- share their knowledge with other parents



For more examples of parents' roles: <https://wke.lt/w/s/zKmfqp>

# Kinsight, British Columbia - Gareth Williams



What the program can contribute to a service provider

# Staff trainings

- Kinsight involved the whole FCS department in the original training in the use of Pictability
- Staff immediately saw the differences in current approach and this new methodology
- Rise in staff's hopefulness and participation in new approach.
- Challenges remain:
  - How do you adopt a new approach into current system?
  - How do you ensure that staff are maintaining the fidelity?
  - How do coach staff to incorporate the goals into the Family and Child Service Plan (FCSP).



# Launching the Vancouver Hub

- Beginning the first round of Now and Next with parents who took part in the spring of 2019
- Two parents who stepped forward quite willingly to help facilitate
- Staffing of support is quite high to begin
- Some staff pushback on the value of the program when also running traditional family support activities

# Plumtree, Australia - Clayton Buffoni



- Personal experience
- Family experience

# International Partnerships





Questions?

# Resources

- Introducing Now and Next [website](#)
- Murdoch Children's Research Institute [external evaluation](#)
- Our informal blog: [now-and-next-alumni.blogspot.com](http://now-and-next-alumni.blogspot.com)
- For further references see our [publication list](#)

# Real-Time Evaluation Questions

- Please take a moment to respond to these seven evaluation questions to help us deliver high-quality NCAPPS webinars.
- If you have suggestions on how we might improve NCAPPS webinars, or if you have ideas or requests for future webinar topics, please send us a note at [NCAPPS@hsri.org](mailto:NCAPPS@hsri.org)

# Thank You.

Register for upcoming webinars at

[ncapps.acl.gov](https://ncapps.acl.gov)

NCAPPS is funded and led by the Administration for Community Living and the Centers for Medicare & Medicaid Services and is administered by HSRI.

The content and views expressed in this webinar are those of the presenters and do not necessarily reflect that of Centers for Medicare and Medicaid Services (CMS) or the Administration for Community Living (ACL) .

